ULTIMATE (frisbee) for KIDS!

This is an opportunity for youth ages 10-15 to learn the game of Ultimate and play games run by parent volunteers on the indoor turf at the Duluth Heritage Sports Center. Participants will have opportunities to learn the basics, practice new skills and play informal pick-up games with others.

Skill development and practice sessions Wednesdays, May 7, 21, 28, 7-8:00 pm (no session May 14)

Game Days
Sundays, May 11, 18, 25 and June 1, 1-3:00 pm

